

THE CHILD, THE MASTER, AND THE INNER GOD

*Portals to tune in to
Divine Health and Abundance*



Gaitana Yantal



THE CHILD, THE MASTER, AND THE INNER GOD
PORTALS TO TUNE IN TO DIVINE HEALTH AND ABUNDANCE

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Introduction

We are navigating a planetary phase that invites us to **heal to create** a new reality. This gateway offers us the opportunity to reveal innovative as well as ancient ways of healing to find the combination of frequencies that will help us restore our Divine Health.

The tendency towards **collective unity** shows us that opposites will cancel each other and that everything will reach a point of **equilibrium**. Eastern and Western medicine will find a common ground, which will enhance our well-being practices. Only Unity Consciousness can heal us because it helps us transcend the polarity of the mind, which creates opposition, separation, competition, and conflict. By focusing on collaboration, we will enrich our life experience and learn to **co-create** new possibilities.

To heal means to complete. It does not refer to a disease or a symptom that must be fixed, but to our ability to remember who we are in order to embody our original design. **Truth** is the highest form of healing. When we remember our divine origin, we know that we have been created in the image and likeness of a **Source of Infinite Perfection** with which we are always connected and with which we can tune in daily to revitalize ourselves.



Physical, mental, and emotional imbalances stem from the false belief that we are separate from God and that, therefore, we lack the vitality and the inner resources that we require to thrive. When we adhere to a false belief system, we create dysfunctions because we respond to a program of lack and insufficiency that is not real.

Our **Inner Healer** wants to awaken to show us how to restore our natural balance. Everything we are looking for is within, but we have been raised to believe that we depend on external structures to live a fulfilling life. **Your Medicine is within.** Are you ready to discover it?

Welcome to the Universe of Divine Healing!



Align with the Medicine of this Golden Age

Words are energy containers. When they are combined, they create a specific reality. Conducting frequencies through writing is a process of continuous surrender because it implies leaving the known universe, what is familiar, to venture to discover new **matrices of creation**.

This text represents our passion for individual and collective healing, that is, for our Faith in global transformation as a preamble of Heaven on Earth. This message upgrades our own consciousness as we are open to receive new keys and insights that can assist with the organic transition to the Aquarian Consciousness.

Each cosmic cycle inaugurates a **period of opportunities**, a paradigm that establishes a New Order with which we must align. What do we need to focus on to complete the passage to this new world model? Our **integral healing**. We need to accept and to forgive all of our life experiences so that this integration helps us go through the "eye of the needle", which represents the **Portal between Eras**.

Divine Healing is **alchemical**, i.e., it is based on our innate ability to transmute misqualified energy and to recognize the miraculous and regenerative power of life.



It is essential to heal all our internal aspects before creating a new life because we cannot build a prosperous reality on an unstable foundation. Like an iceberg, human beings show only a part of the whole. Underwater, lies the accumulation of unprocessed experiences and the dormant potential that we need to activate to realize ourselves. We are often surprised by the endless layers of trauma, fear, insecurities, and painful memories that manifest when we begin our healing journey, but it is necessary to recognize them in order to transform ourselves.

Everything that has been repressed will seek liberation.

By expanding your consciousness and activating your inner light, you will illuminate your unconscious records and memories, and be able to identify the limiting patterns that create discomfort. Your **victim body will be awakened**, which contains the causes and effects of everything that is creating blockages and a distorted use of your life force energy. This deficient matrix will show you what needs to be healed with the power of Unconditional Love.

Divine Love is the Medicine of this Age.

When we vibrate in this frequency, we awaken the necessary virtues to transcend the attachment to an artificial belief system that disconnects us from our inner wisdom. Love humbles us and allows us to contemplate ourselves and others with compassion. It awakens our **Karuna Consciousness**, that is, the compassionate action that frees us from suffering.



Even if there is much to be healed, we are also receiving the vision of our victory, which anticipates a reality in which we can live and create in the Light.

Alchemy precedes divine creation. When we can focus on our highest vision of transformation while, at the same time, we are able to acknowledge all that we need to process, we achieve the necessary balance to enthusiastically explore our divine potential.

In this written transmission we will focus on **3 healing archetypes** that will encourage you to break the shells of the ego (that keep you trapped in a limited identity) in order to **externalize your divine blueprint**: the Inner Child (Healer), the Inner Master (Teacher), and the Inner God (Creator). Each one will share valuable keys to start resolving your inner fragmentation through the power of creative innocence, Christ healing and timeless wisdom.

We will share with you the divine initiations that will encourage you to shed multiple layers of distortion so that you can lift those veils of illusion and awaken the healing power of your inner light. Your Christ Consciousness is the bridge that will lead you to freedom and that will reactivate your **inner medicine**. It will expose the **hidden resources** that will escort you along your path of transformation.

Remember that the greatest gift of love you can give yourself is to **pause to heal**. It is not a privilege or a symptom of weakness, but a sign of abundance because it implies that you are willing to commit to your well-being and that you see the value in dedicating yourself to creating a harmonious life. Your health awakens when you connect with **worthiness**.



By starting an introspective journey, you will gradually reduce external distractions and focus on your spiritual development. Your ability to be present will ignite the virtue of **integrity** so that you can engage in a process of honest self-examination and listen to the healing messages of your **inner guide**. It is important to respect your intuition to stop accumulating knowledge and postponing your evolution. It's time to **apply** what you know. Global transformation depends on your enlightened actions.

It is important to remember that you cannot start by restoring something on the physical plane because any materialized expression belongs to the world of effects (results). You cannot correct an external pattern, because that plane of reality **reflects** the cultural and ancestral belief system that is active within you. In other words, when you observe material limitations it is because you are identified with a "poverty mindset" (cause) and you therefore perceive lack instead of abundance and opportunities (effect).

The belief system that governs your mind and your emotions has been programmed to keep you in co-dependent relationships, that is, to believe that you need something external to fulfill you. It makes you feel incapable and undervalued so that you do not recognize your inner power and seek your *salvation* in others. Likewise, it trains you to postpone your liberation, and it makes you believe that there is an ideal future moment in which the perfect conditions will be given for you to choose to love yourself unconditionally. However, as you may have discovered, the promised moment never comes. The *lack mentality* only buys time to distract you from claiming your potential.



To open the doors of divine healing, we offer you to give our **Divine Health Prayer**. It captures an energy package that is encoded and that can only be translated by your Higher Self. May you remember your origin-essence and catalyze the spontaneous awakening of the inner gifts that will facilitate your conscious transformation.

"MAY DIVINE ENERGY SURROUND ME
AND ACTIVATE MY BODY OF LIGHT.
MAY MY HIGHER SELF REMIND ME
HOW TO USE MY LIFE FORCE ENERGY WISELY.
MAY EVERYTHING UNITE IN THE PRESENCE OF THE LIGHT."

This prayer will inspire you to surround yourself with a forcefield of light, which represents your sphere of influence, to neutralize your doubts and fears and to remember your purpose. When your vision is clear, you can unify within and move forward with **determination**.



Recognize your Source of Life

We invite you to focus on your heart and to visualize your **Inner Temple**. In the stillness and silence of your being, you will find a way to connect with the Source of Creation.

The tools that we will share have no *intrinsic* power; you need to co-create with them so that you find the access points to divine health and abundance. Divinity communicates through symbolic language, by using **vibrational keys**, to awaken different facets of your consciousness. To overcome the resistance of the ego, you will receive mantras and images that will permeate your unconscious so that you can transform yourself.

As you enter the Sacred Temple of your heart you will notice that a sense of uneasiness may arise. Since you will be in **communion with God** (your highest vibration), you may feel intimidated by so much light. Therefore, unconscious fears and insecurities might surface. You may even be surprised to feel emotions that you thought you had already healed.

Criticism, condemnation and self-contempt are created by human indoctrination. Since you have been raised to suppress or deny them, you may have developed the habit of projecting those attributes onto God and believing that the Divine is a source of penance and punishment.



However, those forms of disdain are generated by the idea that you are separate from God and that you lack **godly qualities**.

Meditating in your Temple involves cultivating the divine virtues that you require to realize your highest vision. How long can you focus on it without giving up, complaining, or perceiving lack? In the presence of God, everything will be revealed so that you can free yourself from your limitations and discover your **luminous essence**.

Your **time and space of recollection** is your opportunity to open your heart and to empty yourself of worries and suffering. Divinity does not intend to establish a serious or solemn relationship with you, but one that is familiar. It encourages you to feel a deep **affinity** and provides you with a sacred place where you can remember the Truth.

God is the healer *par excellence* because his light cancels the illusion. Remember that **a healer does not judge, it sets you free**. It summons you to exonerate you and to offer you a sacrament, a touch of grace.

Many human beings believe that God has abandoned them, and they avoid getting closer to divinity because, through that unconscious form of grievance, they generate *debt* (the false idea that God owes them something). They manipulate their connection as they expect God to apologize for their life circumstances. **You are the source of all experience!**



Instead of accepting that we are the ones who disconnect from the divine vibration, we allow our inner victim to project its anger and frustration. If we want to heal ourselves, we have to mature and take responsibility for our wound of separation.

When we become attached to the victim's perspective, we generate more and more resentment and mistrust and create our own ordeal. We fall into the trap of lament, which leads us to self-damnation (seeming absence of the light). In those moments, it is important to reconnect with our Higher Self to align with Divine Truth. Perhaps you think that "honesty gets you nowhere", but it is precisely your **awareness** that will dissolve the layers of inner confusion so that you can have more **discernment** and a crystal clear perception.

The following **mantra** will allow you to be transformed by your Christ Consciousness. Every time you enter your Inner Temple, chant these sacred codes to open your heart and feel worthy of feeling the presence of God in every moment.



OM HU I AM
JEHOVAH JIREH

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